



## Is this abuse

I'm lost and don't know what to do.

Me and my husband have been together 18 years.

He's always had a higher sex drive than me. Although in my opinion having sex 2-3 times a week still after 18 years I class as a good sex life.

It's been building slowly but if I ever say no to sex he's had really bad moods, for two to 3 days. Which does have an impact on family life and my 8 year old child.

It's recently got a lot worse. For example if I say no, he will immediately get out of bed shouting "I'll go and sort myself out then." Then I won't see him for the next 3-4 hours.

He's even started giving ultimatums for example he won't just cuddle me unless we have sex.

I've got to the stage where having sex is a chore and feels very pressured with him because I'm scared to say no.

We've tried marriage counselling which resulted in him being told he's very passive aggressive. After that he no longer wanted to continue it because his opinion was, I'd twisted the coucellors mind to make out he's a bad person.

Don't get me wrong he's not a bad person in life, he work very hard and adores his family.

I love him very much.

Any advice is really welcomed thank you.

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