



## Get Support

Everyday Victim Blaming is a campaigning and training organisation. We do not offer professional support services. We are currently building a database of support services for women, men and children who live with domestic and sexual violence and abuse. Please get in touch if we have missed out any organisations or if you can help us build the database.

### **National Services for Domestic Violence & Abuse:**

#### [Action on Elder Abuse](#)

Works to protect and prevent the abuse of older adults.

[Men's Advice Line](#): 0808 801 0327

Men's Advice Line: a confidential helpline for any man experiencing domestic violence and abuse from a partner (or ex-partner).

[National Centre for Domestic Violence](#): 0844 8044 999

[National Domestic Violence Freephone Helpline](#): **0808 2000 247**

The Freephone 24 Hour National Domestic Violence Helpline, run in partnership between Women's Aid and Refuge, is a national service for women experiencing domestic violence, their family, friends, colleagues and others calling on their behalf.

The Helpline can give support, help and information over the telephone, wherever the caller might be in the country. The Helpline is staffed 24 hours a day by fully trained female helpline support workers and volunteers. All calls are completely confidential. Translation facilities for callers whose first language is not English, and a service for callers who are deaf or hard of hearing are available.

#### [Nowe ?ycie bez przemocy \(A new life without violence\)](#)

Information for victims of domestic violence who are Polish and who live in England and Wales.

#### [Refuge](#):

Refuge supports 2,800 women and children on any given day through a range of services, including refuges, independent advocacy, community outreach and culturally specific services.

#### [Rights of Women](#):

Committed to informing, educating and empowering women concerning their legal rights.



Legal Helpline: 020 7251 6577

Sexual Violence Helpline: 0207251 8887

[Scottish Women's Aid](#): 0800 027 1234

Scottish Women's Aid is the lead organisation in Scotland working towards the prevention of domestic abuse. We play a vital role campaigning and lobbying for effective responses to domestic abuse.

[Standing Together Against Domestic Violence:](#)

Standing Together works to promote a co-ordinated, multi-agency community response to domestic violence. This approach recognises that no one agency can tackle domestic violence effectively if acting alone. Without effective coordination of activities between agencies, responses are less effective and survivors of domestic violence are still at risk of falling through the gaps in the system.

[Survivor Scotland](#)

SurvivorScotland oversees the National Strategy for survivors of Childhood abuse. Through the National Strategy, Strategy Funding and the National Confidential Forum, we aim to:

Raise awareness of childhood abuse

Increase awareness of its long term consequences

Improve support services

Enhance the health and wellbeing of survivors

Understand and acknowledge the experiences of people who were in care as children, whether those experiences were positive or negative

[VAW Prevention Scotland](#)

The VAW Prevention Network is a national violence against women prevention network for Scotland which is coordinated by [Zero Tolerance Charitable Trust](#) and funded by the Scottish Government.

The network and its members adopt a gender-based analysis in which all forms of violence against women are identified as a cause and consequence of broader gender inequality.

The network is founded in the belief that violence against women is not inevitable and that there is much we can do to overcome gender inequalities to:



Reduce tolerance of violence against women

Challenge and change the attitudes which enable it to happen

Celebrate difference

Promote relationships based on equality and respect

[Voice UK](#)

Information for people with learning difficulties who have suffered abuse.

[Welsh Women's Aid](#): 0808 80 10 800

Welsh Women's Aid want domestic abuse to be recognised as gender based issue, with appropriate services and support to be available to women and children, resulting in the eradication of all forms of violence against women.

[Women's Aid](#):

Women's Aid is the key national charity working to end domestic violence against women and children. We support a network of over 300 dedicated specialist domestic violence services across the UK.

[Women's Aid Federation Northern Ireland](#): 0800 917 1414

## **National Services for Sexual Abuse & Rape:**

[Rape Crisis England & Wales](#):

**0808 802 9999**: 12-2.30pm and 7-9.30pm every day, and 3-5.30pm weekdays

[Rape Crisis Scotland](#):

**08088 01 03 02**: Everyday 6pm to Midnight

## **Other Services & Campaign Organisations**



### [Advocacy After Fatal Domestic Abuse](#)

Helps families after fatal domestic abuse through listening, informing, guiding, advocating and enabling.

### [AVA \(Against Violence and Abuse\)](#)

A second tier organisation providing a range of services and support to professionals within the sector.

### [DVCN \(Domestic Violence Co-ordinators Network\)](#)

Offers a hub for all those working in partnership on the issues of domestic violence.

### [End Violence Against Women Coalition:](#)

The End Violence Against Women Coalition is a unique coalition of organisations and individuals campaigning to end all forms of violence against women.

We were set up in 2005 when women's organisations and others came together to lobby the government to take a more strategic approach to ending violence against women, including making a commitment to work which aims to prevent violence against women.

We continue to lobby all levels of government in the UK, and we challenge the wider cultural attitudes that tolerate and condone violence against women.

### [Engender](#)

Engender has a vision for a Scotland in which women and men have equal opportunities in life, equal access to resources and power, and are equally safe and secure from harm.

Women's inequality is not yet a reality in Scotland, and sexism has a profound effect on the lives of girls and women. (If you would like to know how, then you can check out some facts and figures [here](#).)

Engender works in three key ways to achieve women's equality with men.

Making women's inequality visible

Influencing and enabling

Bring women together to make change happen

### [Respect:](#)

Respect grew out of the National Practitioners' Network (NPN), an informal group of



practitioners working with perpetrators across the UK which ran from 1992-2010. Initially we were perpetrator focused, aiming to:

Support those running perpetrator programmes and associated support services in the UK

Lobby government to put perpetrator issues on the public policy agenda

Promote best practice in work with perpetrators to ensure that it prioritises the safety of those affected by domestic violence – predominantly women and children

### [Women In Prison](#)

### [Women's Resource Centre](#)

### [Women's Support Project:](#)

The Women's Support Project aims to raise awareness of the extent and effects of violence against women and children, and to support those affected by violence. Key themes in our work have been highlighting links between different forms of male violence and promoting an interagency response to the abuse of women and children. Our work is informed by a feminist analysis of male violence and an understanding of the links and overlaps between different forms of violence, discrimination and oppression.

### [Zero Tolerance:](#)

Zero Tolerance is a charity working to tackle the causes of [men's violence against women](#). Too many women in Scotland, and around the world, experience violence from men – most often men they are close to and/or who are in a position of power over them. We believe that men's violence against women is caused by gender inequality, and that it helps this inequality to continue.